

To connect with local resources & support, contact NAMI New Hampshire's Info & Resource Line at info@NAMINH.org or 1-800-242-6264 (press 4).

- **Center for Life Management**
- **Community Partners**
 - *Strafford County Resource Guide*
- **Greater Nashua Mental Health Center**
- **Lakes Region Mental Health Center**
- **Mental Health Center of Greater Manchester**
- **Monadnock Family Services**
- **Northern Human Services**
- **Riverbend**
- **Seacoast Mental Health**
 - *Additional information from IDN 6*
- **West Central Behavioral Health**

[New Hampshire Mental Health Resources | Supportive Services](#)

[NAMI NH – Improving lives affected by mental illness](#)

[Waypoint NH: Home](#)

- **West Central Behavioral Health: Emergency Line 800-564-2578**
- **NH Bureau of Drug and Alcohol Services Crisis Counselor: 800-804-0909**
- **Headrest**
 - *Crisis Line: 603-448-4400*
 - *Business Line: 603-448-4872*
 - *Suicide Hotline: 1-800-273-8255*
- **DHMC Psychiatric Associates Emergency Line: 1-800-556-6249**
- **NH Addiction Crisis Line: 844-711-4357**
- **NAMI Upper Valley: 603-863-2621**