



IN-PERSON PROGRAMMING



For more information visit:

<https://uvstrong.org/resources/child-care> or <https://greatersullivanstrong.org/resources/child-care/>

Upper Valley Haven

- Temporary shelter, food, clothing and a children's after school program
- Offered for youth ages 5-12
- Free, yearlong programming
<https://uppervalleyhaven.org/>

Plainfield School

- After school tutoring, in-person programming, Camp Coniston after-school childcare (during non-COVID), Summer Skills Camp for students requiring academic support
- Offered for youth ages 0-12
- Reduced rates, no cost for Summer Skills Camp
<https://www.plainfieldschool.org/parent-area>

Finding Our Stride

- FOS is a FREE after school running program building fitness, teamwork and self-esteem for elementary and middle schoolers in the Upper Valley. During the pandemic, we are offering in-person practices (following all the social distancing state guidelines) or online resources.
- Spring and Fall (two 8-week seasons per year)
- Free (school must meet criteria)
<https://www.childrensfunduv.org/grantees/finding-our-stride>

Dancers Corner

- Dance instruction
- Offered for ages 2 and up
- Yearly scholarship, yearlong programming
<http://www.dancerscorner.net/programs.php>

Hartford Area Career and Technology Center

- The programs at the HACTC are Technical Training programs for juniors and seniors in high school. The HACTC offers Adult Education course in the evenings.
- Programs offered for youth ages 13-18 and adults
- Scholarships, year-round programming
<https://www.hactc.com/home/about-us>

Upper Valley Trails Alliance

- Passport to Winter Fun: a fitness incentive program designed to keep kids (K-6) outdoors and physically active during the winter season.
- Upper Valley High School Trail Corps: a program for high school age (14-18) students to join us on the trails and learn building techniques. Students work on local trails and build structures, dig new tread and more!
- Offered for youth ages 5-18
- Free programming in the Summer and Winter
<https://www.uvtrails.org/>

Hopkins Center for the Arts

- The Hopkins Center's mainstage season presents national and international live arts (music, dance and theater) performances and films. Programming is tied to its mission of offering educational arts opportunities to the Dartmouth campus and wider Upper Valley audiences and sparking rich dialogue about parallel social issues, including cultural awareness and social justice. Enrichment events for multiple age groups are also offered around most live arts events and films, such as panels, masterclasses and filmmaker talks. The Hop's School Matinee Program (currently scaled down to an online format) offers schools and educators access to season productions at a discounted ticket price along with free corresponding study guides. Additionally, the Hop hosts free short performances and interactive arts workshops for children and families in its HopStop series.
- Offered to youth of all ages
- Reduced rates/free yearly programming
<https://hop.dartmouth.edu/>

Valley Court Diversion

- Variety of restorative programs and facilitation/education, substance education class for two age groups, under 18 and over 18.
- Offered for youth ages 5-18 and over 18
- Fees based on individual programming
<https://vcdp.org/>

Wise

- Online/virtual events or classes, In-person programming, Advocacy for families experiencing domestic or sexual violence, stalking and trafficking. Although the Program Center is temporarily closed, our 24-hour support remains firmly in place. Call the crisis line 866-348-9473, chat with us online, or text 603-836-9472. You do not have to be in crisis to reach out to us. WISE leads the Upper Valley to end gender-based violence through survivor-centered advocacy, prevention, education and mobilization for social change.
- Offered to all ages
- Free yearly programming
<https://wiseuv.org/>

Okinawan Karate Academy

- Okinawan Karate Academy is a traditional dojo (place of training), where students of all ages study and practice martial arts. More than just a sport or self-defense, OKA's training programs offer a balanced combination of physical fitness, personal development, and self-defense skills. Fundamental principles of courtesy, respect, and self-control are emphasized at all times. We empower our students with the confidence, focus, and discipline to give them the tools they need to succeed in life.
- Offered for youth ages 5 and up, year-round programming
- Scholarships, reduced rates
<https://okadojo.com/>

Upper Valley Aquatic Center

- Swim Lessons for Children both group and private from 6 months to 18. Workout facilities that teens 14-18 can use with parental consent (must have a membership), swim team for ages 6-18, Splash Camp for ages 6-10 for vacations and summer months. We are open to members only right now per VT protocols but we do offer financial aid with an application you can find online.
- Year-round programming for all ages
- Scholarships, reduced rates
<https://uvacswim.org/>

Norwich Youth Advisory Council

- Teen-led group with the goal of keeping young people involved and active in the Norwich community after leaving Marion Cross, while also including teens from neighboring communities. By organizing events for both the teen population as well as the greater local community, we aim to bring together students in welcoming and engaging environments. We provide opportunities for teens to learn as well as to share their talents, all while enriching our communities.
- Offered to youth ages 13-18 year-round
- Reduced rates, free/grant-funding programming
<https://norwichvt.myrec.com/info/default.aspx>

Windsor County Mentors

- We match caring adults with youth in need for nurturing mentoring relationships.
- Offered for youth ages 5-18 residing anywhere in Windsor County, VT
- Free, year-round programming
<https://www.wcmentors.org/index.html>